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Dr. Giovanni Spaggiari
The Main Hospital
Reggio Emilia
Central Italy.

Dear Dr. Spaggiari,
Following the enclosed article in
The Times quite recently, would
you please send me details of
where I can obtain your
60 minutes of Mozart -
Compilation C.D. which you
play to your patients.

~~Stamped~~ Self-addressed
envelope is enclosed for your
kind reply.

Thanking you in anticipation
Yours sincerely
Mrs Mollie Krempel.

Offbeat doctor treats stress with Mozart

Rome: An Italian doctor is pioneering a form of treatment for modern stress: 60 minutes of Mozart (Richard Owen writes). Dr Giovanni Spaggiari, of Reggio Emilia, in central Italy, is prescribing an hour-long "compilation CD" of Mozart themes along with Valium for "stressed-out men and women".

Dr Spaggiari said stress had invaded even the most tranquil corners of the modern

world and took many forms. He said he had been treating people for stress-related illnesses, including migraine and "anxiety attacks", for the past 15 years, not only by prescribing analgesics but also by playing his patients recorded harp and violin music in his surgery.

He also favours natural sounds such as bird cries but Mozart and Gregorian chants were "the most soothing".